



## Transforming Unconscious Patterns The 4th Basic Seminar

**This seminar introduces you to the power of your unconscious** flight-fight reptilian brain responses and how they are superimposed on your relationships, work, creative expression and general well-being. You will experience and learn gentle movements to release the trauma reflex, the protective-startle reflex and the Landau action reflex that tend to be habitually, unconsciously and inappropriately reactivated in us. The seminar is not about re-experiencing past pain. Rather, you will learn how to identify and transform your life depleting resonance patterns so you can come alive to who you are and what is positive and possible for you.

### **Using the Resonance Repatterning® System for Positive Change**

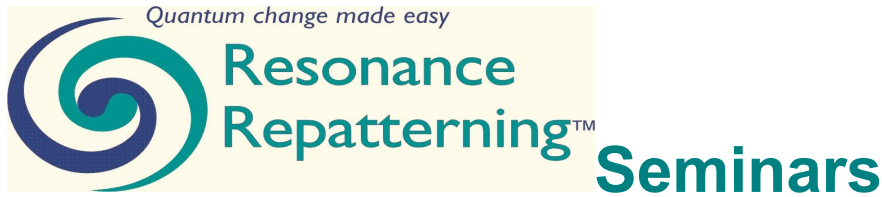
- Transforms the way we function in thought, feeling, and action
- Re-connects us to higher states of energy
- Increases our awareness
- Releases our resonance with old patterns
- Establishes new patterns we need and want

**Resonance Repatterning teaches you to help yourself and others with gentleness and compassion in a safe, nurturing, relaxed and joyful atmosphere.**

### **In this seminar you will learn to:**

- Identify expanded options for the 6 sections of the RR system (Mandala); Orientation, Problems into Opportunities, Intention for a New Possibility, Repatterning, Modalities and Positive Action.
- Perform 18 new modalities from Sound, Light/Color, Breath, Movement and Energetic Contact for creating coherence, including the powerful RR modality – the Diffusion Process.
- Observe demonstration of and/or practice 6 new Repatternings: Reptilian Brain Repatterning, Breath Repatterning, Earlier Experience Repatterning, Parental Repatterning, Compensation Repatterning, and the Integration for Growth Repatterning.
- Demonstrate/practice the expanded version of the RR Repatterning system for creating coherence and show how each section of the system can make immediate, positive change in reality.

***Join with Certified Practitioner /Teacher of Resonance Repatterning®, Meryl Chodosh-Weiss, MA, MSW, LCSW, for an outstanding weekend that will deepen your understanding of Resonance Repatterning.***



**Registration for April 2-3, 2011  
Transforming Unconscious Patterns**

**Please Contact:**

Teacher: Meryl Chodosh-Weiss, LCSW  
Phone: 212-628-8260  
E-mail: [meryl@beyourbliss.info](mailto:meryl@beyourbliss.info)

**Information:**

When: Sat. and Sun., April 2-3, 2011 9am-6pm  
Where: Upper East Side, New York  
Individual Seminar Cost:  
New Students: \$360.00  
Re-takers: \$175.00

**There is an additional \$81.00 book fee (including shipping) for Transforming Unconscious Patterns and The Process Guide, The two books contain all the information learned in this seminar.**

*Pre-registration is required.*

*Make separate tuition and book fee checks dated 4/2/11 payable to: Meryl Chodosh-Weiss  
Registration form and payment to be received by March 19, 2011  
Confirm space in class and obtain mailing address and by calling Meryl @ 212-628-8260*

*There is a \$100.00 non-refundable charge for all cancellations as of the final registration date*

*(please tear below & enclose with payment)*

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**Saturday & Sunday April 2-3, 2011**

Name:.....

Address:.....

City.....State.....Zip.....e-mail.....

Phone:.....Cell.....